



St. James's Kidney Patients Association

Registered Charity Number 700981

An Association run by Patients for Patients

Please reply to: **The Secretary**, St James KPA, FREEPOST NAT18200, Huddersfield, HD7 4LP
Tel:01484 640401 e-mail: paul@pgt67.eclipse.co.uk

24/05/2010

Dear Mr Hoyle

On behalf of St James's Kidney Patients Association I would like to thank you, and all those who contributed for the generous amount you donated towards the Bioimpedance machines which are already proving to be a valuable source of information for assessing a renal patient's fluid weight as well as body/muscle mass.

Through your generosity the Renal Dr's are now in a position to purchase 3 of these machines allowing a quicker initial assessment, and follow up assessment, to all patients than if we had only been able to provide one.

Renal Haemodialysis is a very aggressive form of treatment which usually necessitates the patient to be tied to a machine usually for 4 hours 3 times a week following a very strict diet and fluid regime, one where Potassium, found in most items such as fruit, coffee, crisps and processed foods to name a few are forbidden, Calcium, found in dairy produce, and phosphate also in dairy and processed foods are severely restricted. Then they have to also severely restrict their intake of fluid, usually to around a litre, between sessions so as not to leave them suffering cramps and feeling washed out. This machine will therefore be a godsend to the patients as the machine will allow instant measurements on their ideal weights by showing what they should be aiming for and whether or not they are taking too much off or not enough within seconds compared to previous methods which took the whole of their treatment to get the results and then a day or so to have them assessed by a consultant and the results given.

If you would like us to come over and talk to your members about renal disease, dialysis and transplantation then do not hesitate to get in touch.

Once again many thanks for the sterling efforts of your members.

Yours sincerely

Paul Taylor

Patrons: Lord Harewood, Christine Talbot

Chair: Vacant

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